

▶ **Y-MOT, INC.**  
P.O. Box 901373  
Memphis, TN 38190

▶ **SPONSOR A CHILD –  
HELP SAVE A CHILD**

▶ **Min. Patrick Simmons**  
Executive Director

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# Y-MOT NEWS

## Y-MOT, INC. “EMPOWERING YOUTH HOLISTICALLY”

**Y-MOT OUTREACH MINISTRIES, INC.** is a 501(c)(3) organization that serves urban youth and families in under-resourced communities. Our mission is to empower our participants spiritually, mentally and physically by promoting and developing overall health and wellness.

## “Focus on Missions and Fitness”

Greetings family and friends, Thank you all for your continued prayers and financial support! God has blessed us with great partners. Because of you, this past quarter we were able to provide financial assistance to graduating seniors including one family who had three kids to graduate this year. We also provided assistance, clothing and supplies to families who were rendered homeless by recent storms and house fires in our community, region and also overseas.

Our ministry and staff are constantly evolving and developing. Recently, I had the opportunity to attend an RRCA course in Arkansas. After passing my exams, I am now a Certified Fitness

and Running Coach also certified in First Aid and CPR. I conducted my first workshop at the COGIC Jurisdictional Youth Rally in Memphis, TN.

In other news, our son Rodrick; who trained with Y-MOT Fitness helped lead his school’s Fitness team to the State Championship.

This ministry is made possible only because of faithful partners like you.

We praise God for you and pray for you daily.

In Kingdom partnership –  
*Min. Patrick D. Simmons*



Our recent project to remove large trees from our property left too much debris for us to continue having activities for kids on it. We need your financial support to finish the clean-up process and move forward with the vision.

